



Support available from Groundwork

Throughout the pandemic, Groundwork is available for advice and support. Please contact us if anyone needs our assistance.

We can be contacted on: 0800 464 0699.

Please leave a message and we will get back to you.

Financial Support: The Breakthrough team are on hand, via the phone to offer support to those who may be experiencing financial worries. They can help with budgeting, benefits, accessing grants, utility bills and general financial support. Over 18's.

Health & Wellbeing: The Cook Together Eat Together team are available to support with tips around healthy eating, cooking on a budget, dietary questions, exercise and other health related questions. No age restrictions in place.

Energy awareness: There's No Place Like Home can support families to access better deals on their utility bills, access support through the Priority Services Register, energy saving tips and have access to energy saving products to help with keeping the home warm. No age restrictions in place.

