



# Early Help in your area

## Brought to you by the Central Early Help partnership

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### Supporting Local Families



Following the devastating fire at Thomas King House the children from Sidney Stringer Primary who live in the flats were supported by the school and Harmony Family Hub (in Hillfields) to understand and share their experiences. As part of their work they designed this poster which is now displayed in all the tower blocks in Hillfields.



### Families for All Hub

Families for All Hub (in Foleshill) have kept in touch with families throughout Covid-19 and kept in touch with 590 adults and 836 children with delivery of food care packages. Dave Busst from Sky Blues in the Community delivers the food care packages in his Sky Blues van which is a hit with the families!

Dave says, "Since the first lockdown we wanted to help the community where it's needed the most and our partnership with four grub hubs across Coventry has shown how we can all work together to help others in time of need".



#### Harmony Family Hub

Clifton St, Hillfields, Coventry CV1 5GR  
024 7678030

#### Families for All Family Hub

454 Foleshill Rd, Coventry CV6 5LB  
024 76977991

# Police Community Support Officers (PCSO) in Family hubs

Early Help PCSOs have been introduced at each of the Family Hubs. I'm Andrew Fox, and I support and work alongside the staff at the Families for All and Harmony Family Hubs in Coventry. I will be using this newsletter to keep you updated on topics that have arisen in your local areas, and any hot topics that may be of interest to you.

During the last National lockdown we saw an increase in Domestic Violence and Abuse. Sometimes home may not be the safest place to be. If you are worried about your own safety or that of someone you know, you can find advice and actions you can take by clicking [here](#). If you are in immediate danger always call 999 and you can also come to the Family Hub.

To keep up to date with local crime information please sign up to WMNow by clicking [here](#)

## Experiences of people living in your area

I am a 74-year-old pensioner, and it was very hard for me to get out, as I was isolating during COVID 19. The food care parcels have helped me so much. I look after Kieran who is my 14-year-old grandson with Autism, and he eats a lot, so the extra food has really helped us.

I think a lot of families are struggling now and what you are doing is so good for so many families in this area.

Thank  
You for ALL  
The Food



Summer 2020 saw the launch of a new cooking project at Harmony Family Hub called **Cook It Up!** This innovative project encourages young people to get in the kitchen to cook good food and enjoy the product of their hard work with their family and friends. This young person led programme consisted of 2 key elements:

- Filming "how-to" episodes at the Hub making the recipes
- Distribute ingredients to young people, so they can make it at home.

**Cook it up** returns in 2021 so look out for more great food made by the young people of Hillfields. "My family really enjoyed the food and we are going to be making it again" - Stevyn

## Coventry Family Health and Lifestyles Service ~ School Nursing Team

The team has been working as normal supporting children and families at home and at school throughout the Covid-19 pandemic. Please be reassured we are thinking of you all and would like to remind you that our team are still here to support you.

If you have any concerns about your child's health and wellbeing please text us and we will get in touch.

**Parent Line on 07507 329 114**

# Here to Help

Early Help is a range of services working together to help children, young people (0-19) and their families.



0800 887 0545



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